

CBC Newsletter

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For members of the Carolina Bird Club, Inc., Ornithological Society of the Carolinas

Volume 65 February 2019 Number 1

CBC is Finally Returning to the Sandhills! By Susan Campbell



Carvers Creek State Park, WordPress.com.

After a ten-year hiatus, the Club will be returning to Southern Pines, North Carolina for the 2019 Spring Meeting.

We hope that you will take advantage of the interesting trips and programs we have lined up the weekend of May 3rd through 5th.



Pee Dee National Wildlife Refuge. Tripadvisor.com.

Groups will head out to destinations that are likely new to CBC members like Carvers Creek State Park, the Diggs Tract and Lake Auman. Others will visit sites that are familiar birding 'hot spots', such as Pee Dee National Wildlife Refuge.



Weymouth Woods Sandhills Nature Preserve.. NC State Parks.



Sandhills Game Land. ncbirding.org.

We will also have trips to well-known locations such as the Sandhills Game Land and Woodlake. We hope everyone will visit the newly renovated museum as well as the merchandise counter at Weymouth Woods Sandhills Nature Preserve. Also, you will find that the trails at the park are easier to traverse these days given the improved mapping and comprehensive signage.

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Hampton Inn & Suites Southern Pines-Pinehurst

We have a block of rooms reserved in addition to their spacious conference area. Rooms are \$109 per night plus 9.75% tax. In order to receive the CBC meeting rate, reservations must be made by calling their toll free number (1-866-238-4218) before April 5th. Reservations after the cut-off will be honored based on availability. There are numerous motels in the area if you cannot get a room at the Hampton Inn. Be aware that there are other events going on that weekend in the area, so you should not wait too long to make your lodging arrangements. The hotel will be accommodating our field trip schedule by having early breakfast hours, beginning at 6 a.m.

You will note that a number of the field trips focus on interesting organisms within the Sandhills ecosystem including plants, butterflies, and moths, in addition to the birds. On these trips, leaders will keep an eye/ear out for birds along the way, but will be specifically seeking out other species. Also, we have arranged some unique opportunities to observe interesting demonstrations by local folks. One such program is the Red-cockaded Woodpecker Nesting Ecology program involving an experienced local woodpecker biologist who will demonstrate the techniques used in monitoring and conservation of this endangered species.



Red-headed Woodpecker. Photographed by Frank Ripp.

Northern Bobwhite. Photographed by Brady Beck.



Great Crested Flycatcher. Photographed by Frank Ripp.

Red-cockaded Woodpecker . Photographed by Mike McCloy.

There will also be hummingbird banding and perhaps an actual prescribed burn. Participants signing up for whole day trips will want to ensure they bring a lunch with them, as locations for purchasing food are limited in the vicinity of some destinations. Options for 'birding on your own' on the way to the meeting will be posted at the CBC web site well ahead of time. Otherwise, you will find a number of possibilities in your registration packet when you arrive.



Pottery Highway. pulloverandletmeout.com.

There are plenty of non-birding activities in the area such as equestrian competitions, exploring the Pottery Highway in the western part of the county, antiquing in the village of Cameron and, of course, golf. As always, check the schedule posted at registration for more details on all of the weekend's events. We will also have material on restaurants and additional family activities available when you arrive.

If you have any questions about lodging, field trips or the Southern Pines area, feel free to contact the meeting organizer, Susan Campbell, at (910) 695-0651 or email susan@ncaves.com



Brady Beck.. fayobserver.com.

Friday night local wildlife biologist Brady Beck will share images of the flora and fauna of the region. Brady's renowned photos and video from the Sandhills showcase the diversity of habitats and life of this unique area.

Many of his shots have been taken in the Sandhills Game Lands where he has worked for more than two decades. His dedication to not only preservation but restoration of the longleaf pine forest is not just a job but a long-term personal commitment.



Barred Owl nestlings. Photographed by Brady Beck.

Saturday we will offer a catered barbeque buffet dinner at 6:30 p.m. for \$15 per person (including tax and gratuity). Offerings will include pork, chicken and a vegetarian entrée, with sides and dessert. The Annual Meeting will begin at 7:15 p.m., followed by a program by U.S. Fish and Wildlife Biologist John Hammond.

John, who works in the Raleigh Field Office, will discuss the ecology of the Red-cockaded Woodpecker, as well as bring us up to date on the status of the species locally.

We look forward to hosting many of you here in Southern Pines in May!



John Hammond. U..S. Fish and Wildlife.



Opportunities for Young Birders

Carolina Bird Club offers scholarships for birders 19 and under living in the Carolinas, who are members of the Carolina Young Birders Club.

Scholarships provide assistance in attending bird-related events, such as camps, workshop, training programs or CBC seasonal meetings.

For more information visit www.carolinabirdclub.org

Carolina Bird Club Bonus Field Trip -April 27-28, 2019 Blue Ridge Parkway/Blowing Rock

By Steve Shultz

Join us as we seek out and enjoy early spring migrants on the beautiful Blue Ridge Parkway and in the mountains and valleys near Blowing Rock,

North Carolina!

Are you a fan of warblers? Then this trip is for you. Late April finds most of the breeding warblers on territory and singing up a storm. After the long winter months of sporadic sparrow songs and occasional owl hoots, the riot of sound in the mountains during spring is just what the birders' doctor ordered.



Blue Ridge Parkway in Spring. Photographed by Dave Allen.



Bass Lake. Pintrest.com.

We will venture north and south along the Blue Ridge Parkway from Blowing Rock in search of warblers, vireos, tanagers, grosbeaks and more, taking advantage of the sightlines provided by a not -yet-fully-leafed-out canopy.



Hooded Warbler (I) and Canada Warbler . allaboutbirds.org.

In addition to birding along the Parkway, we'll visit Bass Lake for an enjoyable walk through rhododendron thickets favored by Canada and Hooded Warblers, and take a turn on the trail around Price Lake, a favored spot for Blackburnian Warblers.



Blackburnian Warbler. allaboutbirds.org.

Sound like fun? Act quickly as space on this Bonus Trip is limited to 10 participants. A smaller group makes individualized interaction with the trip leaders easier and allows us to help you with identifying any of those "confusing warbler songs."

Logistics:

This trip visits the Blue Ridge Parkway in northern North Carolina April 27th and 28th. We will depart from the Holiday Inn Express in Blowing Rock at 7 a.m. Saturday and Sunday with a full day of birding on Saturday and a half day on Sunday. Registration cost is \$50. You must be a member of the Carolina Bird Club to attend, but you may join at the same time as you register if you are currently not a member. Participants are responsible for lodging, meals, and transportation. All levels of birding experience are welcome.



Holiday Inn Express in Blowing Rock. Yelp.com

Parking alongside the Parkway can be limited, so we will endeavor to combine into as few vehicles as possible.

Environmental hazards are few, and annoying insects are not usually problematic, but bring a rain jacket and sweater in case of showers or cool weather.

To Register:

Contact Steve Shultz for a reserved slot and a registration form. If your plans should change after registration, refunds are available through April 5th. After April 5th refunds are available if we can fill your slot.

Steve Shultz sshultz at nc.rr.com 919-629-7226

Request for Data: Gull Day 1992–1996 from Maryland Birdlife

From 1992 through 1996, Rick Blom and I organized one-day winter Gull Day surveys throughout Maryland and DC, including additional sites in Delaware, Virginia, and North Carolina. The survey dates were:

18 January 1992

23 January 1993

29 January 1994

28 January 1995

10 February 1996 (a rescheduled weather date)

Rick (along with his records) passed away in 2002 and all my records were destroyed by Hurricane Isabel in 2003. I'm seeking any surviving data that any survey participants might still have. I've received a good amount of data from Maryland birders that participated in the surveys. I don't remember who participated in the other states. I would like to summarize this data in an article for *Maryland Bird-life*. If you participated in the surveys and still have any data, please e-mail them to me. I thank you for your participation and any help that you can provide.

Gene Scarpulla Editor, *Maryland Birdlife* ejscarp@comcast.net

2018 Wrap Up—Christine Stoughton Root

"Here's wishing everyone a healthy, happy and prosperous new year of birding!"
In 2019 Carolina Bird Club looks forward to providing birding opportunities for our
members. Keep a close eye on the web site for up and coming
International and Domestic Bonus trips.

Our Spring and Fall Seasonal meetings are returning to the Sandhills and the Charleston areas. It takes the assistance of many to make these events happen. CBC is always looking for volunteers to share their expertise in the field. We all share the same passion for birding; conservation and preservation.

CBC extends a 'thank you' for numerous donations; used/new books, volunteer time (e.g. Field Trip Leaders), monetary contributions and the support of the membership.

Our volunteer Executive Board, along with the *Newsletter* and *The Chat* editors donate many hours every year.

Recapping 2018:

- •CBC awarded grants that totaled \$6806.00.
- •CBC awarded Young Birder Scholarships of \$2,370.00.
- •The Young Birders Scholarship Fund was gifted a fortuitous grant from the Cornelia Carrier estate.
- •CBC contributed to a land conservation partnership in 2015 with the Rocky Point Community Forest in Rocky Point, SC, which held its grand opening on December 1st.
- •CBC held three successful Seasonal Meetings with a total of 488 participants, which included 19 young birders. We ended with 235 different species.
- •5 Bonus Trips- 3 International and 2 domestic.
- •We celebrate 103 new members with 121 life members.
- •The CBC Headquarters Secretary Carol Bowman received an updated computer to assist in her many tasks.
- •Website Editor Kent Fiala made numerous improvements. These include the "Stay Logged In" option for your convenience, and a new application "County eBirding."
- •After years of discussion, *The Chat* has moved to an entirely online publication, with access provided to all participating libraries, colleges etc. A portion of the yearly savings from the printing cost will go into the CBC conservation fund.
- •CBC introduced CBC pins, a Club Banner and an updated Membership Brochure.
- Finally, we implemented a helpful new Toolkit for Seasonal Meeting Planners.

Newsletter Editor Needed by April 1, 2019

CBC is currently looking for a newsletter editor. Our current editor, Vivian Glover, will assist the next editor in coming onboard. They will also have assistance and support form the current executive board. If you are interest please send an email to the CBC secretary at hq@carolinabirdclub.org
We thank Vivian for her service and time. She is truly appreciated.

Christine Stoughton Root, President CBC

CAROLINA BIRD CLUB RESEARCH GRANTS

The CBC provides grants to support research, education and conservation of birds of the Carolinas and their habitats. Grant applications are accepted on an ongoing basis. The CBC Grants Committee meets quarterly to review applications.

Research and Education Grants:

Applications should be made through an educational or non-profit institution. For student research projects, applications require the sponsorship of a faculty member. For secondary school programs, applications require a letter of support from the school principal. Applications should be prepared directly by the applicant and should include:

- A scope of work (preferably limited to two single-spaced pages), including species to be studied and the site where the work will be conducted.
- A detailed budget.
- Appropriate course work and other activities that would indicate that the applicant is capable of performing the described research.
- A letter of support from the faculty sponsor or school principal.
- Details of the starting date of the research and the time period for which funding is requested.
- The name of the payee and the address to which a check should be mailed.

Checks are made out to an institution or a department, not to an individual.

Allowable costs include, but are not necessarily limited to, laboratory supplies and limited travel to research sites. The Carolina Bird Club does not support institutional indirect costs.

Awardees must file a final report including an accounting of expenditures and a summary of research or programming no later than 30 days following the close of the grant period. **Any unused funds must be returned to CBC.**

Significant research findings will be reviewed for possible publication in The Chat, the ornithological journal of the CBC. Also, awardees may be invited to present their findings at a seasonal meeting of the CBC. In that case the CBC will cover all reasonable expenses incurred by the presenter.

Conservation Grants:

An official representative of the conservation organization should send an application which includes:

- Details of the purpose of the grant request.
- Project plans (with dates) as appropriate.
- The name of the payee and the address to which a check should be mailed.

Checks are made out to institution or a department, not to an individual.

Awardees must file a final report including an accounting of expenditures and a summary of the completed project no later than 30 days following its completion. **Any unused funds must be returned to CBC.**

Important: Grants are awarded for specific purposes. Should the recipient of a grant wish to allocate any part of the grant to a purpose other than that defined in the original application, prior permission must be obtained from the CBC Grants Committee. In the event that such permission is denied the grant monies concerned must be returned to the CBC.

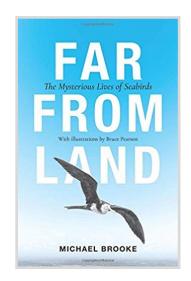
Email completed applications or inquiries to: Grants Committee at www.carolinabirdclub.org.

Birder's Book Review

By Steve Shultz

Far From Land: The Mysterious Lives of Seabirds
Michael Brooke with illustrations by Bruce Pearson
ISBN 978-0691174181, 264 pages, hardback
2018, Princeton University Press, \$29.95

Can birds sleep while on the wing? Do murres swim or fly when they migrate? (The answer might surprise you!) Do albatross really fly thousands of miles on foraging trips to glean food for hungry chicks? Why do males and females of some species feed in distinctly different areas?



If you've ever wanted to know the answers to these questions, or simply satisfy a curiosity about "the secret life of pelagic birds" then Far From Land: The Mysterious Lives of Seabirds by Michael Brooke may be the next must-read on your list. And in the case that you are not interested in learning juicy tidbits like where Cory's Shearwaters go in the winter, you probably know a birder who is, and after all, it's not too early to start that holiday shopping!

Over the span of 264 pages, Brooke takes us through an introduction to pelagic birds, explaining what they are and how they differ from our more familiar terrestrial feathered friends, and ends with a look at the interactions between seabirds and people. In between we get to experience life at sea as a pelagic bird, first hatching and leaving the nest (or scrape or burrow as the case may be), and then wandering the seas as a "teenager", and finally returning to the nesting area to produce the next generation.

Chapters explore in detail the effects of wind, weather, and currents on foraging strategy and success, the predilections of individual birds and variability in behavior, how birds find food, and how birds feed. These in-depth looks at how birds interact with their environment, find food, and fill niches in the food chain are largely possible due to relatively new technology. The author explains what types of instruments are used, how they work, and what we've learned. The findings are nothing short of fascinating.

While some chapters slant toward statistics and data collection and interpretation, the book provides information in readily understood fashion, making it enjoyable to both ornithologist and hobbyist.

By the end of the book you'll know if birds really spend their teenage years on the wing without alighting on shore, how murres get where they are going (and where they go), live the amazing journey of a chick-feeding tubenose on a foraging run, and understand why we don't see albatross with any regularity off the Carolinas, but regularly see South Atlantic nesting storm petrels, European-bred shearwaters, and Greenland-nesting Dovekies.

Good reading!

Welcome New CBC Members!

NEW LIFE MEMBER

Michael Cheves New Bern, NC

Wendy Allen Georgetown, SC

Jon Altman Williston, NC

Karen & Timothy Avants

Timberlake, NC

Lori, Keith & Alyssa Blackburn

Janice & Greg Little

Durham, NC

Don Crow Lori Strollo Summerville, SC

Kelly Davis

Swanquarter, NC

Jim & Debra Ellis Pawleys Island, SC

Tom Ferguson Durham, NC

Lisa Hayes Charleston, SC

Jura Hill

New Bern, NC

Tom Johnson

Hendersonville, NC

Alesa Jones Charleston, SC

Susan Kenny Durham, NC

Paul & Amanda Laurent Georgetown, SC Richard Laurent Pawleys Island, SC

Alex Marine Hollister, MO

Maryann McCullough Hillsborough, NC

Vicky Montague Raleigh, NC

Dean Nelson Goldsboro, NC

Hanne Parks Chapel Hill, NC

Lucas Price Hudson, NC

Aaron, Nicki, Layla & Harbour Gaskins and

Rader Rhodes Fort Mill, SC

James Rivers Darlington, SC

Michael Robertson

Taylors, SC

Jeff Robinson Clover, SC

Sandy & Bob Rudolph Southern Pines, NC

Jerry & Debbie Stephens

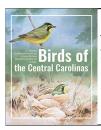
Greenville, SC

Marcy, Jerry & Matthew Withrow

Charlotte, NC

Kathy Woolsey Charleston, SC

Robert Zickus Greer, SC



Birds of the Central Carolinas. The definitive book about the birds of the central Carolinas is available through **Mecklenburg Audubon.** The book is a first of its kind, an authoritative, comprehensive summary of the status, distribution, and historical context of all the birds regularly occurring in the Piedmont of both Carolinas. It includes original historical research never before compiled and published in online sources; full accounts of 312 species with additional partial accounts of another 60 species; over 400 color photographs taken in the central Carolinas; and the complete results of the Mecklenburg County Breeding Bird Atlas.



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Upcoming CBC Meetings

Spring 2019 — Southern Pines, NC

Fall 2019—Charleston, SC

CBC Board Members

President, Christine Stoughton-Root, Merritt, NC cssrbdr@gmail.com

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Headquarters Secretary: Carol Bowman, Pinehurst, NC,

hq@carolinabirdclub.org

CBC Newsletter Editor: Vivian Glover, Orangeburg, SC,

newsletter@carolinabirdclub.org

Deadlines for submissions are the 15th of December, February, April, June, August, and October.

www.carolinabirdclub.org—UPDATE

The *CBC Newsletter* is published bimonthly by Carolina Bird Club, Inc. Founded in 1937 the membership is open to anyone interested in birds, natural history, and conservation. Current dues are: Individual & non-profit, \$30; Family and Business, \$35; Student, \$15; Patron, \$50 and up; Life, \$500; Associate Life (in household with Life Member), \$100 (both Life memberships can be paid in four annual installments).

Membership dues include access to publications: the *CBC Newsletter* and *The Chat, which is only available on line*. Tax deductible as allowable by law.

Cost for CBC bird checklists, including postage: 10@\$5.45, 25@\$13.40, 50@\$27.00, and 100@\$54.00.

Join the CBC at https://www.carolinabirdclub.org/members/profile/. Enter change of address at https://www.carolinabirdclub.org/members/profile/. Order checklists from: CBC Headquarters Secretary, 9 Quincy Place, Pinehurst, NC 28374. Copyright © 2018.

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